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America's Test Kitchen Best Vegetable Recipes: 33 Recipes From Artichokes To Zucchini



Synopsis

The only thing better than fresh vegetables at the height of the growing season is a collection of best of the best recipes that show you how to quickly and easily bring out their best flavor. Each recipe in this special edition digital download is preceded by a brief **Why This Recipe Works** paragraph that shares what we learned during the testing process. Beautiful color photos show you how the finished dish will look. • Roasted Artichokes • (trim and drop in lemon water to prevent oxidizing, then toss in seasoned oil), • Stir-Fried Asparagus with Shiitake Mushrooms • (start in a hot pan and stir only occasionally for optimum char and caramelization), • Broccoli with Lemon-Oregano Dressing • (nuke it so it steams from the inside out), • Quick Pickles • (ready after 3 hours in the fridge), • Braised Hearty Greens • (our simple technique cuts out the parcooking step), • Grilled Caesar Salad • (a favorite salad meets fire, with better than you can imagine results); and, • Twice-Baked Sweet Potatoes • (adding an egg to the mashed flesh gives the potatoes structure and velvety smoothness).

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